

Head Start

# HAPPY NEWS!

Calendar at a Glance:

- Wed, Nov 2: Volunteer/Substitute Training, **2 PM**
- Thurs, Nov 3: Center Committee Meeting 5:30 PM
- Thurs, Nov 3: RIF Meeting 6:30 PM
- Mon, Nov 7: Parent Teacher Conferences
- Tues, Nov 8: Super Dad's Bowling 5 PM & 6:30 PM



Volunteer/Substitute Training

**Reminder!** Our Volunteer/Substitute Training for parents and community members is today at **2PM**, upstairs in room 8. Everyone is welcome to attend. Volunteering gives you an opportunity to make a difference in people's lives, and in your community. You can use your skills and experience to help and enrich the local community. Volunteering is not only rewarding and fun, it is also fulfilling! Plus, you get **PAID** if you become substitute!! **See you there!**

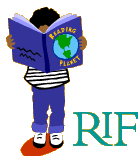
Center Committee Meeting

The Center Committee Meeting for all classroom chairpersons & assistant/co-chairpersons will be meeting upstairs in room 8 on Thursday, November 3, at 5:30 PM, Planning a Program Event is on the agenda. \*Child care will be provided\*



RIF committee Meeting

The Reading is Fundamental Committee will be meeting tomorrow evening at 6:30 PM. All classroom RIF representatives AND all interested parents and staff members are invited to attend. We will be selecting the themes for book distribution for the year. **\*\*Childcare provided.\*\***



Parent Teacher Conferences

Monday, November 7th has been set for Parent Teacher Conferences. Your child's teacher has scheduled a time for you to attend. Please come and support your child and his/her teachers. You are a crucial part of the team for educating your child. It is very important to partner with your child's teacher to give your child the maximum educational benefit!



Super Dad's Bowling

Male & Child Bowling night is on Tuesday, Nov 8th. There will be two sessions: One at 5:00 PM and the other at 6:30 PM. Flyers were sent home this past week & posters are in each classroom and the office. **Please come at these times with your class: 5:00 Session: Michelle's, Pam's, Eunice's, Anita's, & Lisa's classes. 6:30 Session: AnnaMarie's, Erin's, Deborah's, Evelyn's, & Emily's classes.**



**\*\*Energy Assistance\*\***

SECIAA will be accepting appointments starting Tues, Nov 1st. Call 232-1114 to make an appointment; They will let you know what you need to bring.

Trick-or-Treat the Old Town

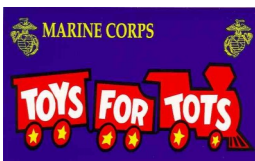
Old-Town is open to Trick-or-Treaters from **3 - 5:30 PM**. Halloween is going to be here before you know it!

This is a very exciting time for kids and quite often they can't wait for the CANDY!! As parents, it is very important to keep an eye on them during this time. Many children, if allowed, will eat way too much candy. It may be beneficial to try filling your kids up on some healthier foods such as (carrots, apples, nuts, yogurt, etc.) before taking them out to trick-or-treat.



Turkey Dinners:

Rocky Mountain Ministries (RMM) is partnering with the Pocatello's Idaho's Food Bank to give out **free** turkey dinners for Thanksgiving. Call RMM at 232-3515 to sign up for your Thanksgiving meal. Pick up your dinners at Idaho Food Bank: Nov 22, between 8 - 4 PM, at 555 South 1st Avenue,



Toys for Tots:

Is a program run by the United States Marine Corps, which donates toys to children whose parents cannot afford to buy them gifts for Christmas. Application are available to be picked up — upstairs in room 13 at Lincoln Head Start on the front table.

Secret Santa

**Christmas** applications are available Oct 31st. At Pocatello Salvation Army: 400 North 4th Avenue from 9 - 11 AM and 1 - 3 PM. Christmas food baskets are also available.



Please bring the following to apply: (1) Proper identification such as driver's license or ID card; (2) Proof of residency, such as a utility bill, etc.; (3) Proof of income, such as check stubs, etc.; (4) Proof of minor children living in the home. **\*\*Ages 12 and under for Secret Santa\*\***



Dress for the Weather

Parents, please help your children make appropriate clothing choices as they get dressed in the mornings. Long pants, and long sleeve shirts, as well as socks and shoes. Coats, hats, mitten or gloves,



Next week's Menu	Tuesday, 11/8	Wednesday, 11/9	Thursday, 11/10	Friday, 11/11
<b>Breakfast With milk</b>	Oatmeal w/ Brown Sugar Canned Sliced Apples	Egg & Sausage Patty Cinnamon Toast Grape Juice	Pancakes w/ Honey Butter Pears	Cold Cereal Breakfast Fruit Shake Toast
<b>Lunch With milk</b>	Ravioli—1/2 cup String Cheese Sugar Snap Peas Peaches	Turkey & cheese Sandwich - each Corn Mandarin Oranges	Teriyaki Chicken Bites 3 - each Scalloped Potatoes Bread & Margarine Rosy Applesauce	Chili - 1/2 Cup Cornbread Baby Carrots Tangerines
<b>P.M. Snack With milk</b>	Oatmeal w/ Brown Sugar Canned Sliced Apples	Egg & Sausage Patty Cinnamon Toast	Pancakes w/ Honey Butter	Cold Cereal Orange Smoothie Fruit Bread

