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Pocatello/Chubbuck School District 25 HEAD START 2008-2009 Annual Report



History & Introduction of Head Start

Head Start was developed under President Johnson's War on Poverty initiative and authorized under the Economic Opportunity Act of 1965.

Head Start is the most successful, longest-running, national school readiness program in the United States. It provides comprehensive education, health, nutrition, and parent involvement services to low-income 3 to 5 year-old children and their families. Nationally, nearly 25 million pre-school aged children and their families have benefited from their participation in Head Start.

Head Start has existed in Idaho since 1965. Funding for Idaho Head Start comes from the U.S. Department of Health and Human Services and is channeled to local community agencies, school districts, the Migrant Council and the Tribes, that administer the programs. There are 13 Head Start and Early Head Start programs in Idaho. Head Start is the largest provider of quality early education and developmental services in our state. It is the only program that targets eligible low

**Pocatello/Chubbuck
HEAD START -
in operation since
1965**

income children and families with comprehensive, "whole child" services, such as early education, physical and mental health, nutrition, a healthy home environment, parent involvement and job and life skills training.

The Pocatello/Chubbuck Head Start within the School District began in 1965 with a summer Kindergarten. From 1967 to 1973 the program operated a 9 month, 5-year-old program. In 1973 a shift to serving 4-year-olds was put into effect. In 1999 our Head Start began

serving 3-year-olds as well as adding an additional 4-year-old class through a TANF savings contract. And then in 2001 our Head Start program moved to Lincoln School along with the district Early Intervention Preschool.

We have nine Head Start classrooms at the Lincoln Early Childhood Center and one classroom at Tyhee Elementary School, serving a total of 186 children within the Pocatello/Chubbuck School District area.



Special points of interest:

- ☺ Our Head Start offers one way bus transportation.
- ☺ All our Head Start teachers are certified teachers.
- ☺ Most of the teaching assistants have earned various degrees and credentials.
- ☺ We work in conjunction with the district's Early Intervention Preschool and have many children with dual enrollment.

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"Head Start Builds Families"

Because we believe that all children have the right to grow up in safe, healthy, nurturing families that are supported by their communities, and...

Because we insist that all families should have the opportunity to receive support in enhancing the rich-

ness of their children's lives and maximizing achievement of their potentials, therefore...

Our goal is to promote programs and policies and build sustainable systems that strengthen families and help parents enhance the

social/emotional, physical, and academic development of their children.



Family Services—Jeanie Krichbaum

The Family Service staff consists of the Manager and five Family Advocates who support families in two main areas: ERSEA & Family Partnerships

1. Eligibility, Recruitment, Selection, Enrollment & Attendance, (ERSEA) deals with finding eligible children & families and keeping the children in Head Start.

ELIGIBILITY: A child must be 3 or 4 years old on or before September 1st, and at least 90 percent of families must meet or be below federal poverty income guidelines.

RECRUITMENT: There must be a waiting list from which families may be chosen through the year.

SELECTION: Up to 10 percent of the enrollment may be from families who exceed the limited income guidelines. At least 10% of enrollment are children with disabilities.

ENROLLMENT: All enrollment is without regard to race, color, national origin, sex, or disability.

ATTENDANCE: The child's attendance is monitored throughout the year.

2. Family Partnerships are very helpful for families. An assessment of each family's strengths and needs is done at the time of enrollment. A Family Partnership Plan is initiated on the second home visit. The plan is revisited and revised throughout the program year.

Each family receives at least 2 home visits with their teaching team and a minimum of 3 visits by their Family Advocate.

All the Family Service staff have experience and knowledge in Family Support and Social Work. The Family Advocates are continually increasing their abilities by taking classes and workshops.

The parent is the most important person to the child.



Child Abuse & Neglect:

Pocatello/Chubbuck Head Start is a family support program. The parent is the most important person to the child. One of the best ways to assure the health and well-being of the child is to assure the health and well-being of the parents. The goal is to improve family and individual functioning which will reduce the potential for child abuse and neglect. We are a mandatory reporting agency.

Federal Poverty Income Guidelines 2008-2009	
Family Size—Total Yearly Income	
2	\$14,000
3	\$17,600
4	\$21,200
5	\$24,800
6	\$28,400
7	\$32,000
8	\$35,600

Eligibility: Age of Children:

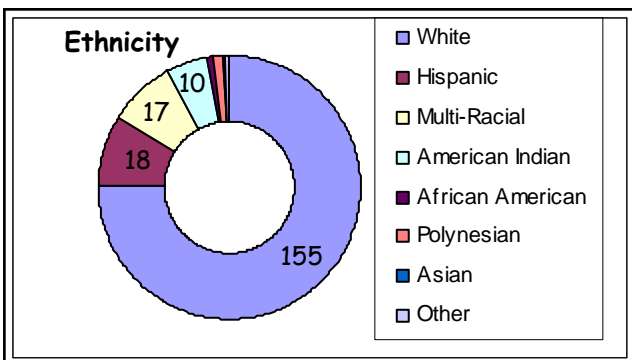
4 year old children slots	135	(7 classrooms)
3 year old children slots	51	(3 classrooms)
Total slots	186	

With various drops and adds, we served 206 children & their families each school year.

Number of Head Start Families: 188	
<u>Two Parent Families: 95</u>	<u>Single Parent Families: 93</u>
Both parents employed: 27	Parent Employed: 56
One parent employed: 57	Unemployed: 37
Both parents unemployed: 11	
Both parents in school: 6	Parent in school: 20
One parent in school: 15	Not in school: 73
Neither in school: 74	

Highest level of education for all families:

- Advanced degree or Baccalaureate degree: 24
- Associate degree or vocational school or some college: 61
- High school graduate or GED: 68
- Less than High School graduate: 35



Health Insurance Statistics	At enrollment	At year end
# Children with health insurance	167	201
A. Medicaid	74	94
B. CHIP	76	86
C. Private health insurance	11	14
D. Other health insurance	6	7
# Children with no health insurance	39	5

Education & Disabilities Services— Kim Baumgart

Education Services monitors, supervises, trains and supports the teaching staff, which includes 10 teachers and 10 teaching assistants. The manager also oversees the educational budget, and orders supplies and materials for each classroom and the teacher resource center.



Disabilities Services include training the teaching staff about successfully dealing with various disabilities, par-

ticipating in the building STAT and Referral Teams, IEP meetings, and in supporting teachers in providing interventions in the classroom and completing referrals for support/evaluation as needed.



We use the Creative Curriculum in the classrooms and the on-line Creative Curriculum assessment tool for analyzing and planning.

As the end of the year approaches, we do many things to help the 4-year-old children get ready to go to Kindergarten, so that when the time comes, they are excited and prepared. There are field trips to Kindergarten classrooms, sometimes Kindergarten children come to our classrooms, books are read about Kindergarten and much discussion with both the children and their parents. We send their completed CUM folder to the school where their parents have registered them.

Health Services—Sherry Deiter

Health screenings are completed in conjunction with developmental screening at the annual Health Fair. Volunteers from the Idaho State University nursing program assist with vision and blood pressure screening. Volunteers from the ISU Communications Department assist with the hearing screening. Heights and weights are completed by the health manager twice a year and plotted on growth charts. Parents are informed of results and provided with information on healthy eating and physical activity to encourage a healthy body weight.

A weekly health education curriculum is developed and provided in all classrooms. A variety of topics are discussed including: pedestrian safety, physical activity, healthy snacking, our bodies, fire safety, pet safety, dressing for the weather, and tooth brushing among others.



Physical and dental exams, as well as necessary follow-up and treatment are tracked. There was a compliance rate of over 90% for both exams throughout the course of the school year. Head Start partners with the ISU physician assistant students to perform on-site



physical exams for interested families of children in need of completing an exam.

We also partner with ISU and the local health department to provide fluoride applications three times per year. The first application is completed at the Health Fair. The second and third applications are performed by ISU dental hygiene students.

Dietetic intern students from ISU complete a Head Start rotation and present a nutrition lesson to a classroom. They also complete a meal observation and review performance standards. The health services manager presents a presentation to undergraduates in the Community Nutrition class at ISU annually.

Six-week cycle menus are in place and revised periodically to provide nutritious and varied meals to all children. Food experiences are completed monthly in classrooms and are approved by the health services manager prior to being conducted.



Health Services Advisory Committee Meetings are held in the fall and spring. Local health professionals and parents are recruited to serve on the committee. Policies are reviewed and community concerns are discussed to determine a course of action for the program to follow.

Mental Health Services

Pocatello/Chubbuck Head Start has a licensed mental health professional contracted with the program. Our consultant holds a master's degree in family and child counseling and works full-time in the community in that capacity.

The mental health consultant completes two classroom obser-



ations per year and attends meetings as necessary. The mental health consultant attends Health Services Advisory Committee meetings as well.

Referrals from teachers are completed and feedback to help assist the child, family, and teaching team is provided following individual observations. The consultant refers children and families to outside agencies as needed.

The mental health consultant provides training to the staff throughout the course of the year. The consultant attended a training on Managing Disruptive Behaviors in the Classroom and, in turn, presented this information to the teaching teams. The consultant has been a great resource for the program.



Parent Involvement Services— Kaylin White

Parents can volunteer in many ways: in the classroom, working on goals with their children at home, and on committees: Parent Committee, Center Committee, RIF, Policy Council, Super Dads, etc.

Parent Involvement Services include responsibility for the design, implementation and coordination of all parent activities and volunteer recruitment and training. Provides policy analysis, development and evaluation related to parent/community development and insures compliance with applicable performance standards. Facilitates the organization of parent groups and committees necessary for parent and volunteer involvement in Head Start. Interprets and facilitates community activities and collaborations leading to an enhanced partnership between Pocatello Head Start and the community it serves. Administers the Reading Is Fundamental (RIF), and other literacy programs. Supervises Foster Grandparents assigned to the Head Start program, and all volunteers.

We enjoyed numerous Parent and Community Involvement Activities during the year of 2008/2009. We began with our annual Information Fair which involved over 20 community agencies/resources; Head Start families were

able to visit booths to learn more about resources available to them in our community. Our first Parent Committee Meeting was held in October; each of our 10 classroom Parent Committees elected classroom leaders, including representatives to the Policy Council, and contributed to their child's education by offering ideas and suggestions. Our Parent Committees met regularly throughout the program year.



Our annual Male & Child Bowling activity wound up October with Head Start children enjoying a fun game of bowling with an important man in their lives- these are the men who make up our program Super Dads! Parenting in Step/Blended Families classes were offered in November, and our Super Dads hosted a Food Drive in December with donations going to a local food bank. Children experienced the first of three Reading is Fundamental (RIF) free book distributions, and our families had another opportunity to get together at the annual KIWANIS Winter Literacy Celebration for Head Start Families. January began with the RIF Twice Upon a Time 2 week reading challenge, and children & families enjoyed the Head Start Family Literacy Night where they took

Number of persons providing any volunteer services to our Head Start in the past year	643
Of these, the number who are current or former Head Start parents.	321

part in hands-on activities to learn how to extend the experience of reading a book. February brought our second RIF free book distribution, as well as our first Super Dads races! Dads &

Super Dads

kids made cars from cardboard boxes, and then raced them (dads were the engines) with everyone a winner! Our program Family Math Night was held in March, and children & families took part in hands-on activities celebrating Dr. Seuss and mathematics! Our third & final RIF free book distribution was held in April, and May began with our Super Dads & their children eating a Dutch Oven breakfast and enjoying a demonstration by a Bannock County Deputy & his K-9 dog. Our year wound up with our annual End of the Year Event, where families enjoyed good food, activities planned by each classroom Parent Committee, and of course our annual Root Beer Chugging Contest!



Program Support Services— Rick Betzer



Our Program added a new piece of play

equipment and surfacing to the play area this year with program improvement funds (\$35,000) and have also received approval to remove the existing storage shed and build a larger one in the same area (\$32,000).

Additional play activities are scheduled to be installed in the Spring of 2010 as made possible from a grant by the Head Start Body Start initiative. This was a competitive \$5000

grant; our Health Manager was instrumental in acquiring this funding.

A staff member attended the National Playground Inspector Training and is now a certified National Public Playground Safety Inspector.

One of our staff is a certified CPR/First Aid Instructor for both the American Heart Association and American Red Cross, providing training for Head Start staff, School District staff, and the Community.

Money Matters (Budget)



Sources of Revenue

Federal Head Start	\$1,186,785
TANF	95,504
CACFP	22,874
Contributions/Fundraising	1,015
Reading Is Fundamental	927
McDonald's Charity House Grant	<u>5,000</u>
TOTAL	\$1,312,105

Budgetary Expenditures

Salaries	\$766,639
Benefits	255,614
Consultants	3,675
Program Supplies	94,529
Occupancy (telephone)	856
Transportation	78,682
Training	13,133
Travel (local & out of area)	14,222
Indirect Costs	34,391
CACFP Food & Supplies	22,273
RIF Books	927
Medical & Dental Services	4,869
Other	<u>22,295</u>

TOTAL \$1,312,105

In-kind Contributions/Volunteer Hours: 439,498



The Head Start program was included in the annual independent audit of the Grantee, Pocatello/Chubbuck School District No. 25. The auditor, Deaton Company, determined that Pocatello/Chubbuck School District No. 25 complied with the requirements that are applicable to each of its major federal programs (including Head Start) for the year ended June 30, 2009.

The last Federal Review conducted for the Pocatello/ Chub-

buck School District No. 25 Head Start was 3/18/2007 - 3/23/2007. The following areas of noncompliance were determined.

1. The mental health consultant was not licensed as a counselor in Idaho. Corrective Action: The proper license was acquired and the Office of Head Start determined the program had cleared this area of noncompliance.

2. Pedestrian safety training was only provided to families participating in busing. All enrolled families are to receive such training. Corrective Action: The program developed a system to implement pedestrian safety training in initial home visits with parents, in the required transportation orientation for parents, and in classrooms for all children. The Office of Head Start determined the program had cleared this area of noncompliance.

